

REFERRALS

Safe Nest 24-Hour Domestic Violence Hotline: 646-4981
Crisis counseling, confidential shelter, information and referrals.

Domestic Violence Counseling: 877-0133
915 W. Charleston, Ste. 12
Counseling for victims, teens, children and batterers.

Family Violence Intervention Office: 455-3400
Family Court, 601 N. Pecos
Protective orders are free and no lawyer is needed. *When applying, please bring this information:*

Names and addresses of the places you want your partner to stay away from.

Addresses where your partner can be found to be served.

Description of the violence against you and/or your children, both current and past incidents.

Police report or event numbers **IF YOU HAVE THEM.**

Your driver's license or social security number.

Se Habla Español

1-866-4981

*Temporary Assistance
for Domestic Crisis*



You Don't Deserve to be Abused

Physical and psychological abuse gets worse and can affect your health beyond the immediate injuries. Domestic violence is also linked to sleeping problems, chronic pain, gastrointestinal disorders, nervousness, depression and substance abuse. Your healthcare provider can help you find services and keep records of your injuries. All information (except child abuse) will be kept confidential. They **will not** contact the police or your partner.



Does the person you love...

- Put you down, keep you from your family or friends?
- Say things that make you feel bad?
- Threaten to hurt you, your children or your family?
- Throw you down, hit, punch, strangle, kick or slap you? Say it is your fault? Later say they are sorry?
- Force you to have sex or to do sexual things you don't want to do?

The violence is not your fault.

You are not alone and you DO have choices.

You Can Stay With the Person

You have good reasons for staying. Love for your partner, fear, concern for your children, or financial reasons may lead you to stay. Support, information and resources are a call away at **Safe Nest's 24-hour hotline, 646-4981.**

You Can Get Help

Safe Nest provides crisis intervention and support through a **24-hour hotline (646-4981).** The Hotline also assists with confidential shelter for victims and their children. Counseling for the person being battered, specialized child and adolescent services and certified batterers treatment for the violent partner is available at the **Safe Nest Counseling office (877-0133).** Batterer's treatment for the violent partner does not guarantee that the violence will stop. Safe Nest does not provide joint (marriage or family) counseling, which compromises victim safety and suggests both parties are responsible for the violence.



You Can Leave

If you choose to leave, decide **now** where to go and how to get there. Hide a bag with: money, clothes, medications, birth certificates, car insurance, title and proof of insurance, driver's license, medical insurance cards, social security card(s) or numbers, apartment lease, marriage certificate, financial records, checkbook with blank checks, bank records, address book and extra keys to everything. Memorize the hotline number for **Safe Nest (646-4981).** *You can call collect.*

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*All Safe Nest services are provided
regardless of your ability to pay.*