

# **“Cope Class”**

## Helping children Cope with Divorce

### Marriages end... Families Don't

The family Court of Clark County invites you to attend this program which focuses on the needs of children during such times of stress. The seminars are conducted by quality professionals from *Palo Verde Child and Family Services, Inc.* a non-profit organization.

#### **Topics Include:**

How families experience divorce  
Typical reactions of children  
Developmental needs of children skills  
Skills that help children cope  
Pitfalls to avoid

They are so very precious to us but often, when we are under stress, we forget how much they need us. At times, they need a little extra to help overcome difficult situations, like divorce. Children who make adjustment to divorce are those whose parents make the best adjustment.

#### **Ten Reasons Why You Should Attend This Seminar:**

1. To demonstrate to your child, the court and your ex-partner your commitment to making the world more secure for your child.
2. To assist your child to work through the emotional issues of your divorce.
3. Learn to be aware of your child's feelings of denial, anger, bargaining or depression and to assist them to come to healthy acceptance of the divorce.
4. To develop an awareness of your emotional state so you don't alienate your child or place him/her in a bind between you and your ex-partner.
5. To prevent your child from exploiting you on your ex-partner.
6. To assist you in establishing a sense of security in your child after the trauma of a divorce.
7. To assist you in leading a more beneficial and productive new life with your child.
8. To prevent a difficult situation from becoming worse.
9. To assist you to keep your child out of the “middle” of the conflict with your ex-partner.
10. To assist you to overcome your guilt about the effects of the divorce on your child.

This seminar is not a counseling session to discuss individual issues, but is an opportunity for divorcing parents to receive valuable information to help and guide them in positive direction.

**This 3 Hour Seminar is For Adults Only...Child Care is Not Provided**

We encourage divorcing couples to attend our seminars together. However, if you do not want to attend together, we will schedule you for different sessions.

There is a \$40.00 per person fee. We accept only cash, credit cards, or money orders.

Please arrive fifteen minutes early to complete your registration.

Significant Others, Grandparents and other interested persons who do not require a Certificate of Completion are invited to attend at NO CHARGE.

Palo Verde Child & Family Services, Inc.

222 South Rainbow Suite 210

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702-243-4357

A Non Profit Organization

**“Registration For the Seminar For Divorcing Parents”**

**Name** (please print) \_\_\_\_\_

**Address** \_\_\_\_\_

**City, State/Zip Code** \_\_\_\_\_

**Home Phone** \_\_\_\_\_

**Work Phone** \_\_\_\_\_

**Date** \_\_\_\_\_

**Location** \_\_\_\_\_

A recorded message with the address of the seminar locations are available on weekends and weekdays. Our schedule can be found on our web site at [www.paloverdechil.org](http://www.paloverdechil.org)

Plan to attend the seminar that you have pre-registered for. Seminars times and locations vary.

Please Call.....702-243-4357